



Let's Be **Direct.**

It is always too early, until it's too late. How Advance Directives promote patient-centered care



“There is no financial cost to complete an advance directive, but the emotional cost to loved ones when one is not completed is great.”

– Medical Social Worker



Only 1/3 of
Americans have an
advance directive
document.



"When my partner and I filled out our health care power of attorney forms together, I **assumed** I knew his wishes, and while I was right about most of them, it was a good opportunity for us to explain our **specific preferences**, so we knew for sure, and get our preference written down **concretely**. He felt like me in assuming what my wishes would be, and in the end, doing this exercise together **brought us closer.**"



LaCrosse Wisconsin: The town that knows how to die



- By 2008, **90 percent** of the people in La Crosse who died in the hospital had an advance directive. Researchers found those who died received the care they wanted.
- People who die in La Crosse spend **32 percent less** in the last six months of their lives compared to the average Medicare patient.

A sustained approach to advance care planning and advance directives completion has led to:

Increase in:

- Individual and family satisfaction
- Prevalence of planning (including special populations)
- Percentage of plans at time of death
- Number of hospice admissions

Reduction in:

- Family stress, anxiety, and depression
- Number of hospital deaths

"Making a plan is just like taking blood pressure or doing allergy tests. It's just become part of good care here."

– La Crosse Physician

Advance Care Planning – By the Numbers

- Approximately **80%** of deaths will occur under the care of healthcare professionals in some type of health care setting.
- When the time comes to make important end-of-life decisions, approximately **50%** of people are incapable of participating in those decisions.
- **90%** of people say that talking with their loved ones about end-of-life care is important.

Only **27%** have actually done so.
- **60%** of people say that making sure their family is not burdened by tough decisions is extremely important.
- **56%** have not communicated their end-of-life wishes.
- **80%** of people say that if seriously ill, they would want to talk to their doctor about wishes for medical treatment toward the end of their life.
- **7%** report having had this conversation with their doctor.



Let's Be
Direct.

**These are
documents
of **choice**
and not
limitation.**



Advance Directives Across the Country

An **advance directive** is a document drafted according to law that outlines your wishes regarding your healthcare and treatment. These documents are only valid when you are no longer capable of making or communicating your own decisions.

- **Living Will**
- **Health Care Power of Attorney/Medical Durable Power of Attorney**
- **Mental Health Care Power of Attorney**
- **Pre-hospital Directive – Do Not Resuscitate (DNR)/CPR/POLST/MOST**



Advance Directive definitions and usage

•**Living will:** A living will is a legal document that tells your healthcare providers how you want to be cared for if you cannot make your own decisions about your medical care. In a living will, you can say which common medical treatments or care you would want, which ones you would want to avoid, and under which conditions each of your choices applies.

•**Durable power of attorney for health care:** A durable power of attorney for health care is a legal document that names your health care proxy, a person who can make health care decisions for you if you are unable to communicate these yourself. Your proxy, also known as a representative, surrogate, or agent, should be familiar with your values and wishes. A proxy can be chosen in addition to or instead of a living will. Having a health care proxy helps you plan for situations that cannot be foreseen, such as a serious car accident or stroke.

•**Mental healthcare power of attorney:** Not all states separate the responsibilities between mental healthcare and medical treatment. For those states that have this document, or if you choose to add in additional information regarding behavioral treatment, this can guide treatment decisions and placements when related to behavioral/mental health concerns.

•**DNR documents:** There are different documents that address resuscitation. The out of hospital/DNR form guides first responders as to whether to begin CPR. No matter what your choice, this is not a DO NOT TREAT document and first responders will provide other supportive care even for those with a DNR. In hospital DNRs are for the specific admission.

Five reasons to complete your own documents before assisting others.



1. You are perpetuating a misconception about these documents
2. You have not experienced the challenges of communicating your priorities and values on paper
3. You cannot answer honestly when a patient/client asks if you have completed your own.
4. You will not know what information or questions you need to complete the documents
5. When you have not had to **choose your person**, you can't understand the struggle others may have.

Frequently asked questions by professionals regarding Advance Care Planning Conversations



1. How do I start a conversation with a patient or client?
2. I don't have a lot of medical/clinical training?
3. My patients/clients are young and healthy.
4. Don't you need a lawyer?
5. I don't have the forms.

Choose Your Person.

**Wishes Registered.
Wishes Honored.**

ARIZONA HEALTHCARE DIRECTIVES REGISTRY

AzHDR.org



If you only do one thing in your advance care planning process this year, choose your healthcare power of attorney.



Advance Care Planning Checklist

- Consider your values and goals for your healthcare decisions today and in the future
 - Think about events in your past that may have shaped your decisions about medical care today
 - Do you have any significant health concerns today that you need to plan for
 - Are there future health problems you are concerned about that you want to include in your planning
- Complete a medical situation worksheet, which can help clarify questions.
 - Some examples include: mdanderson.org or theconversationproject.org
- Choose Your Person**
 - Choosing an agent, and alternative agent (if possible) is a key part of your advance care plan
- Talk to your agent about your values and goals for care. While your agent may not agree with all your decisions, they should be able to honor them when called upon.
- Talk to others
 - Include your healthcare providers in conversations as needed. Discuss possible medical outcomes based on your history that should be considered as you are completing your directives.
- Complete the forms.
 - There are multiple versions of advance directives available to you. Choose those that are easiest for you to complete and that represent you the best.
- Sign the documents and have them witnessed or notarized based on the State you reside in.
- If you reside in Arizona. Register your directives with the Arizona Healthcare Directives Registry (AzHDR) and share your account information with your designated healthcare agents.**



AzHDR is available to all Arizonans

Let's Be Direct

- Providers do not need to be participating with Contexture's HIE.
- To access the registry, providers will need to complete sign-up and onboarding paperwork and schedule training for staff.
- The registry allows for both submitting documents and viewing documents.
- User access determined by type:
 - Individual Consumers
 - Healthcare Provider/Organization
 - First Responders/EMS
 - Social Services
 - Faith-based
 - Legal/Financial



Additional AzHDR functionality

- Provides a review and approval process to validate documents helping to maintain the integrity of the registry.
- Provides a mechanism for distinguishing documents that have been revoked or replaced by more recent documents.
- Supports the full range of forms under the Arizona state statute for advance directives. And supports all form types that meet this definition.
- Provides ongoing support and training of organization staff on both the technical aspects as well as training on the advance care planning continuum.
- Offers functionality for documents to be sorted by type in each account. This eases the retrievability of the needed document.



← ↻ <https://providers.azhdr.org/#/>



AZ Healthcare Directives Registry

Login



ARIZONA
Healthcare Directives
Registry



Login with SMS

Email

carla.sutter@contexture.org

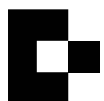
Password

.....



Login

[Forgot Password?](#)



ARIZONA
Healthcare Directives
Registry



- Home
- Upload Form
- Settings
- Announcements
- Help
- Admin >
- Super Admin v
 - Accounts
 - Add Account
 - Duplicates
 - Forms
 - Form Submissions
 - Patient Submissions
 - Mailers
 - Track Address Changes
 - Notes
 - Organizations
 - Org Searches
 - Org Views
 - Parent Organizations

Search Registry

First Name* Middle Name Last Name* Date of Birth* Gender

Patient first name Patient middle name Patient last name Patient date of birth

Street City State Zip

Search

One result found!

Demographics:
Dummy Thomas Test Jr
5/19/1971

Address:
123 Spooner St
Austin, PA 78643

Forms:

- Prehospital Medical Care Directive
Created at: 5/23/2022 11:10:51 AM
- Mental Health Care Power of Attorney
Created at: 4/5/2023 11:14:12 AM
- Living Will
Created at: 4/5/2023 11:22:59 AM
- Health Care Power of Attorney
Created at: 4/5/2023 1:23:21 PM

Wallet Card: [Wallet Link](#)

View-only Wallet Card



My advance directives are registered with the
Arizona Healthcare Directives Registry.



ARIZONA
**Healthcare Directives
Registry**

Name: Dummy Test

(Print your full name as it appears on your advance directive(s).)

I have registered my advance directives with the
Arizona Healthcare Directives Registry. To view
my documents, use the link or QR code below.

consumers.azhdr.org/v/MYYJXL



Questions?

Contact Health Current at either
602-368-6371 or azhdr@contexture.org.



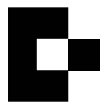
Becoming a
participating
organization with
the AzHDR

Contact us at AzHDR@contexture.org or
stop by Contexture booth in the exhibit hall

For more information about
advance care planning or
advance directives,
visit [AzHDR.org](https://www.azhdr.org).



Wishes Registered.
Wishes Honored.



ARIZONA
Healthcare Directives
Registry





Questions? Feedback? Get Involved!

- For general AzHDR questions, contact: azhdr@contexture.org
- For registration of advance directives: documents@azhdr.org
- For DAP AzHDR questions, contact: azhdr.DAP@contexture.org.



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Q&A

