# Spark/

**Presenters:** Tara Krantzman (Chief Operations Officer) Jessica Major (Community Engagement Specialist)

Oakwood Creative Care (Arizona)





# **SESSION OBJECTIVES**

- Engagement and why it is important for older adults with cognitive and
  - physical challenges
  - skillsets of the workforce by
  - teaching the value and importance
  - of curriculum, materials, setting up
  - the environment, using various
  - facilitating skills and techniques,
  - resource navigation, and
  - challenging the status quo.

Increase quality engagement



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# THE SECTOR AT A GLANCE

- Stigma: "Glorified **Babysitting**"
- "Herd Programing"
- Lack of Dementia Inclusivity
- Fear Driven
- 2 Minutes of Engagement a Day
- 1 in 5 Residents are on an **Unnecessary Antipsychotic**
- Lack of Funding

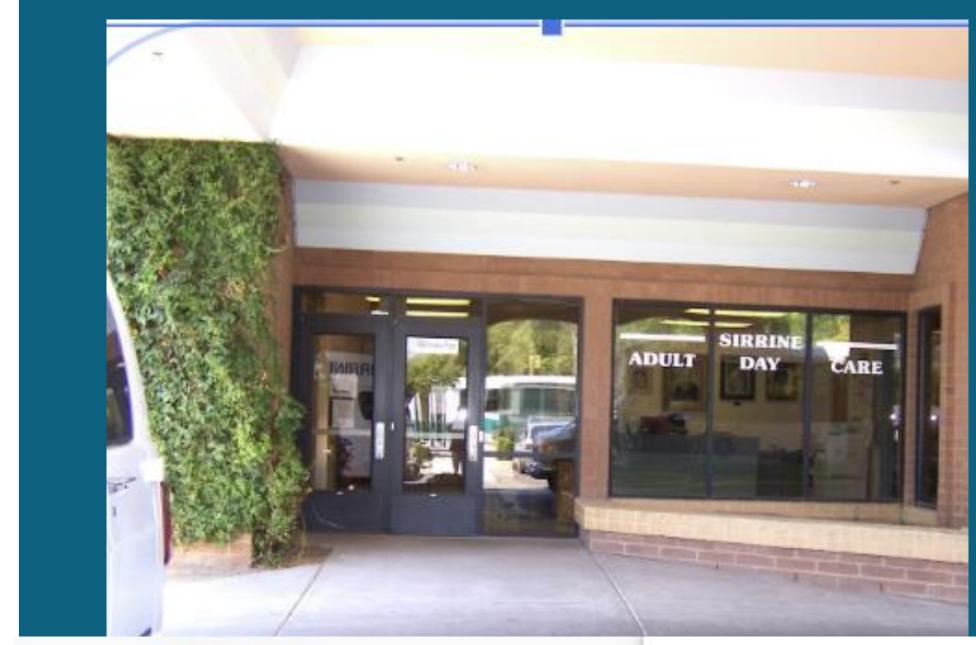




#### **Oakwood Creative Care "Formally Sirrine Adult Day Care**

# OAKWOOD CREATIVE CARE'S HISTORY

With a rich history, Sirrine became complacent and acted more as a babysitting service for seniors than a lively center for respite, engagement and resources.





# SIRRINE Adult Day Health Services



#### SIRRINE ADULT DAY CARE









#### SIRRINE ADULT DAY CARE









#### WATCHING TV

#### BALL TOSS GAMES



# Large Print Adult Coloring Book

COLORING

#### **BABY DOLLS**





#### **ROBOTIC PETS**

## PRESIDENTIAL TRIVIA



#### Put an "x" beside the answer you think is right!

06. The term 'First Lady' was first used in reference to which Presidential wife? a Dolley Madison b. Lucy Ware Webb Hayes C. Priscilla Cooper Tyler 🗖 d. Jane Appleton Pierce

#### 07. How many presidents were assassinated in office?

#### 01. Which President had C a.5 D b.4 C c.7

D d.3

🗖 a. James Madison D b. Quincy Adams C. John Iyler

D d. Andrew Johnson

an alligator as a pet?

#### 02. Which President served the shortest term?

000

- kept out." 🗖 a. Ronald Reagan D b. Theodore Roosevelt C c. Harry S. Truman d. Grover Cleveland 13. Which president had the most children? D a. Theodore Roosevelt
  - D b. Benjamin Harrison C. John Iyler
  - D d. Rutherford 8. Hayes

14. Who was the only unmarried Ctrabiant?

12. Who is credited for this famous

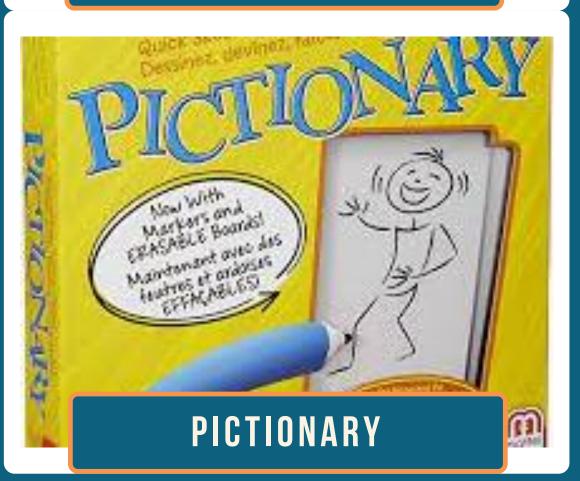
quote: "A man is known by the

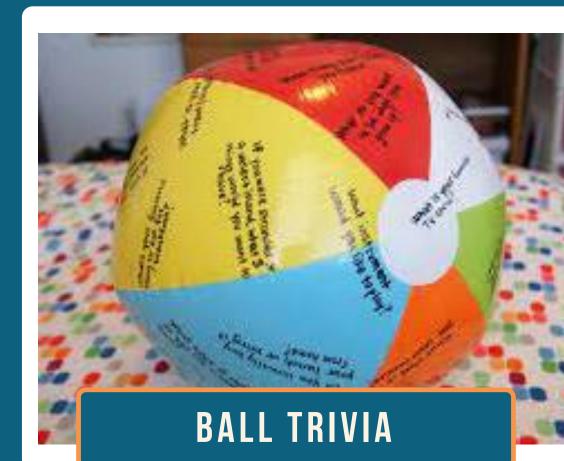
company he keeps, and also by

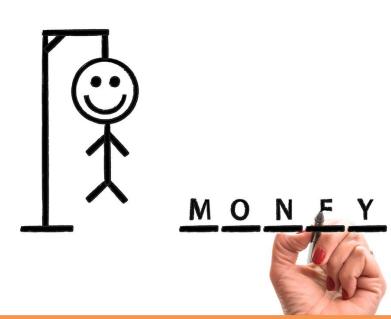
the company from which his is

#### TRIVIA

08. How many Presidents had unsuccessful assassination attempts on their lives?







#### HANGMAN





# SEEING BEYOND DEMENTIA



© I¢





How do we overcome these obstacles/challenges to give people the same life long learning opportunities that we crave and want?

How do we move beyond what have always done?

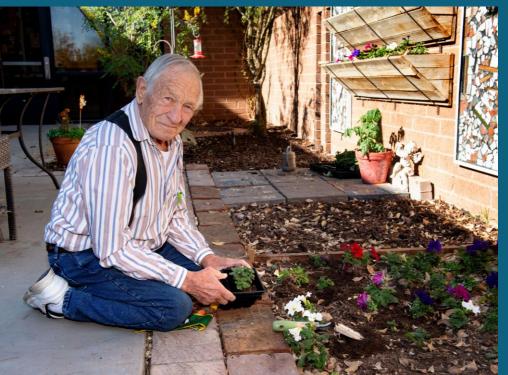
How do we overcome fear and take risks?







Mission: To enhance quality of life and spark in older adults with cognitive and physical challenges, as well as their care partner through day clubs, memory cafes, and other home and community based services.













We constantly improve through creativity and innovation

# **UKE VALUES** We believe in people and their value

## We practice real communication and do the right thing

## ENGAGEMENT PHILOSOPHY The Pathway To Supporting Unpaid Care

We believe engagement (fitness, life long learning, creative expression, music, dance, social interaction, and community) is treatment beyond the pill to enhance self-esteem, improve communication, increase functional participation, reduce anxiety and depression, acquire new skills, and improve quality of life.

#### N<sup>W</sup> OAKWOODCREATIVECARE Say NO to CAREATIVECARE SAY NO TO CAREATIVECARE

SPAR





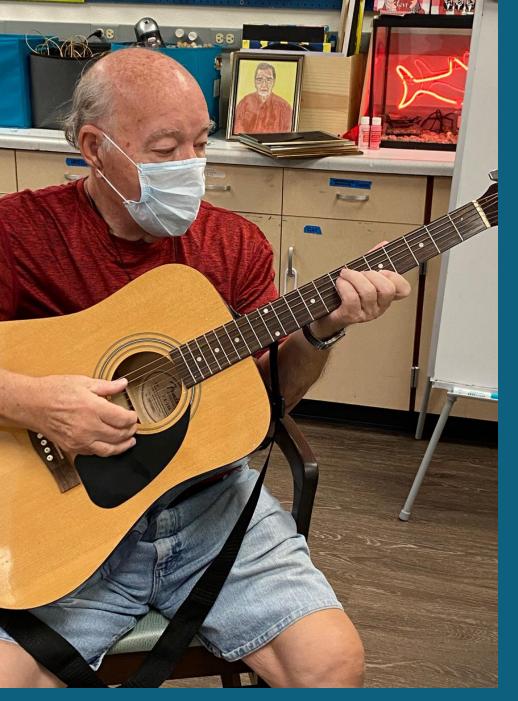
### ART WORKSHOPS WATER COLOR | ACRYLICS | OIL PASTELS MIXED MEDIA | SCULPTURING | WOOD WORKING













# MUSIC AND DANCE

DRUMMING CIRCLES | JAM SESSIONS | CHOIR CHIME CHOIR | SONG WRITING EXPRESSIVE DANCE







# CE | CHOIR



Music imprints itself on the brain, deeper than any human experience.

Music evokes emotion and emotion can bring with it, memory.



#### **Threatened & Endangered**

Animals

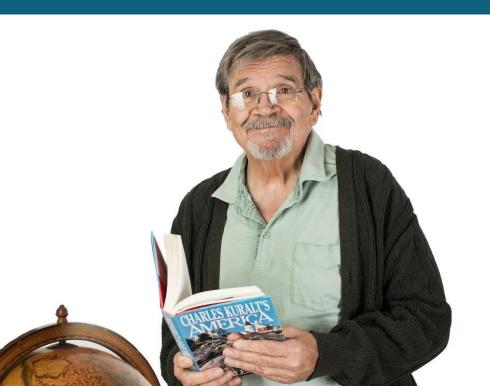


One million years ago, Earth looked very different than it does today. If we were to time-travel, we probably wouldn't recognize the oceans or continents or many of the animals, plants, or trees. While we may not be too sad that dinosaurs no longer roam the Earth, we know that all plants and animals need to be protected.



# LIFELONG LEARNING

HISTORY LESSONS | CULTURE | TRAVEL STORYTELLING | CREATIVE WRITNG | POETRY PHILOSOPHY





## **POETRY AND STORYTELLING**

**Rosie the Riveter** 

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During World War II, this image of a female American factory worker named Rosie became an iconic poster and a song. Rosie's image appeared on posters and covers of magazines and represented women all across America who joined the war effort with the declaration "We Can Do It!"





# FITNESS STRENGTH TRAINING | ZUMBA | YOGA

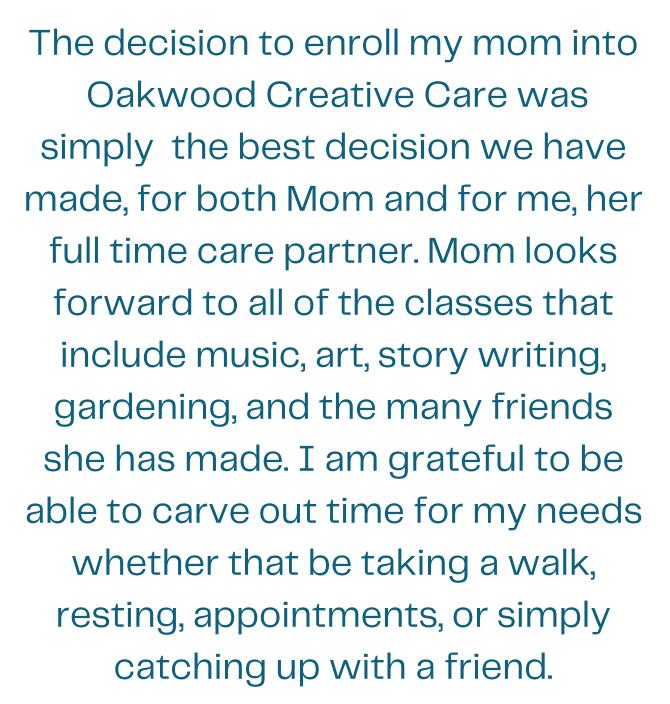












-Care Partner



# OUTCOME MEASUREMENTS

47% of members maintained/ decreased in depression within the first 6 months of membership

96% of family care partners report an increase in quality of life since attending OCC

> 65% of members maintain/improve in cognitive function within the first 6 months of membership

## Create the Vision

Set Up and Supplie s

DEMO

## Energy and Role of the Facilitator





# What did you notice?

# Take Risks

# "IF THE RISK ALIGNS WITH YOUR PURPOSE/MISSION...IT IS A RISK WORTH TAKING"







#### **Questions?**

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#### www.oakwoodcreativecare.org