

Making Music

Together:

An intergenerational

Musician-in-Residence program



School of Music, Dance and Theatre

ASU Herberger Institute for
Design and the Arts
Arizona State University

Mirabella at ASU Musicians-in-Residence 2022-2023



Da Hye (Michelle) Kim - Coordinator
Piano, flute

Doctorate of Musical Arts in
Collaborative Piano



Eiress Wicks
Music therapy, vocalist, guitar

Masters of Music in
Music Therapy



Alfredo Bonilla
Bassoon

Doctorate of Musical Arts in
Bassoon Performance



Michael Shannon
Piano, vocal coach, violin

Doctorate of Musical Arts in
Collaborative Piano



20-story Life Plan community

- *230 Independent Living*
- *17 Assisted Living*
- *20 Memory Care*
- *17 Skilled Nursing*

Located on the Northwest corner of Arizona State University's Tempe campus

Opened Dec. 28, 2020

Currently 250 residents (65%)



“Seniors want active,
they want intellectually stimulating,
and they want intergenerational.

I just described a college campus.”

— Andrew Carle

YOUNG ADULTS & COLLEGE STUDENTS¹²



- Higher rates of civic engagement
- Entrepreneurial capabilities, occupational skills, and mastery
- Expressed higher levels of self-confidence, efficacy, and self of self
- Gained skills and knowledge for geriatrics and gerontology
- Learned and taught ways to improve the environment

OLDER ADULTS¹⁴



- Decreased social isolation
- Improved quality of life and purpose in life
- Improved self-worth, self-esteem, empowerment
- Cognitive health improvement
- Reduced falls and frailty, increased strength, balance, and walking
- Learned new skills, leadership proficiencies, and knowledge

ALL AGES



- Reduced ageism and age discrimination among young and old alike
- Improved mental, physical, and cognitive health unique to each life stage
- Greater sense of belonging and connection with others of different ages.
- More acceptance of people who are different from themselves.

STAFF, CAREGIVERS, & NEIGHBORHOODS¹⁵



- Administrators and staff report positive outcomes such as improved mental health, an increased sense of community, and gaining a sense of energy and purpose during long and hard workdays.
- Informal caregivers receive respite when a younger person cares for their loved one and they too report joy from the experience.
- Family caregivers also report decreased social isolation.
- Some studies have identified an increase in neighborhood trust, social cohesion, and a sense of community.
- Shared site intergenerational programs - settings where children, youth, and older adults participate in services and/or programs at the same time and at the same place - have shown many benefits for staff, families, and organizations.
- Generations also come together for physical improvements to the community such as walking trails, benches, urban parks, green spaces, clearer signage, reduced litter, and recycling options.

Intergenerational connection benefits EVERYONE

**generations
united**

Because we're stronger together™

How might we design a program that is....?

**Fully immersive.
Intergenerational.
Mutually beneficial.**



IF THE SKY THAT WE LOOK UPON
SHOULD TUMBLE AND FALL
OR THE MOUNTAINS SHOULD CRUMBLE TO THE SEA
I WON'T CRY, I WON'T CRY
NO I WON'T SHED A TEAR
JUST AS LONG AS YOU STAND
STAND BY ME

SO DARLIN', DARLIN', STAND

OH, STAND BY ME

OH, STAND BY ME

STAND BY ME



Application Timeline

January	Call for applications Open House
February	Applications Due
March	Top 6 candidates invited to audition
Early April	Audition In-person Panel Interview Mixer
Mid April	2023-2024 MIRs notified



Written application (Resume, Statement of Interest, and sample videos, 2 faculty references)

Resident selection panel

In-person Demonstration/Audition

Interview

Mixer

Eligibility Criteria

Currently pursuing a graduate degree in music or dance

Evidence of strong performing teaching ability

Evidence of ability to program experiences for entire community (all levels of care)

Willingness to sign a resident agreement and be classified as an Independent Contractor for tax purposes



Responsibilities

Perform 1/week for (45 minutes)

1/week flex engagement (45 minutes)

Program on at least 1 weekend/month

Attend a weekly team meeting

Minimum of 5 hours/week socializing with residents formally or informally

Move in by first week of August

Complete program orientation





International Students

International students with an F1 Visa are eligible to apply but the Independent Contractor status may present complications for some.

If selected, an application for Curricular Practical Training (CPT) must be completed and approved before starting the residency.



Qualities of Successful MIRs

Creative

Tolerance for iteration

Self-managed and accountable

Professionalism

Has the maturity to navigate living and working in the same environment and connect meaningfully with friends at a different life stage



Benefits & Compensation

Furnished or unfurnished studio apartment includes small kitchenette and access to laundry facility and cleaning equipment and supplies

Premium Dining Plan for any of the 4 restaurants or the employee lounge

Access to Mirabella building amenities (pool, fitness center, rooftop courtyard space, and concierge services, PARKING)

3 weeks of vacation time



Opportunity for Students

Affordable housing/meals near campus

Supportive audience

Class projects and Dissertation

Resident help with grants or scholarship writing or references

Expanded professional network

Interviews with local and national publications



Impact on Residents/Community

Deciding factor on new resident decision to move-in

Facilitated connections to each other and a sense of belonging to the community

Encouraged residents to get out of their comfort zones and experience events that they might not have pursued on their own.

Source: Cox, Ty Chiko (n.d). *The power of music: Bridging the generational gap through intergenerational partnerships*. [Doctoral Dissertation, Arizona State University].



Questions?



What are some ways you have seen this program impact residents?



MIRABELLA.



How might this program work if the community was NOT located on a campus?



What has it been like to be a young person in a retirement community?



**What are
some of the
challenges
we have
faced?**

