

LeadingAge[™]
Arizona



LIMITLESS

2023 ANNUAL CONFERENCE

MAY 17-19, 2023

We-Ko-Pa Conference Center • Scottsdale, Arizona

ArizonaLeadingAge.org



Cultivating Connections

Creating a culture of FUN!!

- Michelle Bales; LMSW APHSW-C
- Rose Campbell; MS, CCLS

- The Adult Day Club at The Campus
 - A club specifically designed for people living with Dementia.





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Club Norms

We will... *Have Fun*
Be Kind

Treat each other with dignity
and respect

Speak one at a time

Listen carefully to others

Contribute our thoughts,
feelings and ideas

Welcome club members, staff
and guests



Making it OK to be Ourselves

Normalizing feelings of vulnerability creates a supportive environment

- Morning riddle (I can't spell!)



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Tom Kitwood

Malignant social psychology

1. Treachery

The use of deception to distract or manipulate behavior.

2. Disempowerment

Not allowing or enabling a person to use the abilities they still have.

3. Infantilization

Treating the person like a child.

4. Intimidation

Causing the person to feel fearful as a result of threat or physical power.



5. Labeling

Referring to people inappropriately, for example “elderly mentally infirm”.

6. Stigmatization

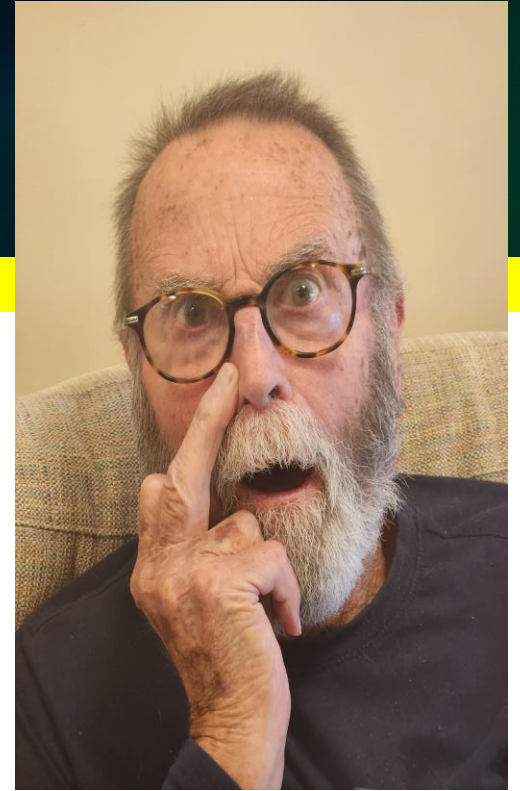
Treating the person as if they were an outcast.

7. Outpacing

Providing information or choices too quickly thus potentially making information difficult to understand.

8. Invalidation

Not acknowledging the reality of the person.



9. Banishment

Excluding the person either physically or emotionally.

10. Objectification

Treating the person as an object, for example during washing or dressing.

11. Ignoring

Conversing with others in the presence of the person as if they are not there.

12. Imposition

Forcing the person to do something.



13. Withholding

Failure to provide attention or meet an obvious need.

14. Accusation

Blaming a person for their misunderstanding or inability.

15. Disruption

Suddenly disturbing a person and interrupting their activity or thought.

16. Mockery

Making fun or joking at the expense of the person.

17. Disparagement

Telling the person that they are worthless.



Doing with

- Eat lunch together
- Come to the bathroom with me
- We use the same toilets
- Art – allowing for space, process and creativity
- Enjoy time together

Doing For

- Serve lunch – feed members
- Toilet someone
- Hold to outcomes
- Set up activities

- Intergenerational Time
- Daily at 10am

- Share a lobby
- Windows allow us to see the kids all the time
- Hear them on the playground

- Gives permission to be silly

- Questions ?

